

Summer Tea Menu B 2024



Menu B	Main	Ingredients	Alternative Main	Ingredients (Alternative Main)	Side Dish	Pudding
Monday	Tuna Rice Salad	Wholegrain rice, vegan mayonnaise, sweetcorn, grated carrot, peas (PU) (F)	Rice Salad	Wholegrain rice, vegan mayonnaise, sweetcorn, grated carrot, peas (PU)		See individual settings menu for puddings
Tuesday	Cheese n' Crackers	Crackers, plant butter, mild cheese (D)	Gluten Free Cheese n' Crackers	GF crackers, plant butter, vegan cheese		See individual settings menu for puddings
Wednesday	Chicken Penne	Shredded cooked chicken, penne pasta, plant butter, green beans (PU) (M)	Penne Pasta	Penne pasta, plant butter, green beans, roasted aubergine (PU)		See individual settings menu for puddings
Thursday	Build your own Pizza	Puff pastry, passata, cheese, ham, sweetcorn, mushrooms (G) (D) (M) (T)	Build your own Pizza (Vegan style)	GF puff pastry, passata, vegan cheese, sweetcorn, mushrooms, peppers (T)		See individual settings menu for puddings
Friday	That's a Wrap!	Wholemeal wraps, plant butter, Philadelphia spread, tuna, vegan mayonnaise, cooked salmon (G) (D) (F)	That's a Wrap!	Wholemeal wraps, plant butter, plant-based Philadelphia spread, cucumber (G)		See individual settings menu for puddings

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains Gluten PU Contains pulses/beans/legumes S = Contains Soya SD = Contains sulphur Dioxide T = Contains Tomato MU = Contains Mustard M = Meat

All of these dishes are free from peanuts, tree nuts, sesame seeds, lupin, crustaceans and molluscs.