

Summer Tea Menu A 2024



Menu A	Main	Ingredients	Alternative Main	Ingredients (Alternative Main)	Side Dish	Pudding
Monday	Turkey Rice Salad	Wholegrain rice, turkey breast, peppers, sweetcorn, edamame beans (M) (PU)	Rice Salad	Wholegrain rice, peppers, sweetcorn, edamame beans (PU)		See individual settings menu for puddings
Tuesday	Jonty's Homemade Sausage Rolls	Sausage meat, puff pastry, carrots, cucumber (G) (M)	Jonty's Homemade Vegan Sausage Rolls	Plant sausages, gluten free puff pastry, carrots, cucumber		See individual settings menu for puddings
Wednesday	Homemade Fusilli Pesto	Basil, parmesan, olive oil, garlic, fusilli pasta (G) (D)	Homemade, Gluten Free Fusilli Pesto	Basil, vegan cheese, olive oil, garlic, gluten free fusilli pasta		See individual settings menu for puddings
Thursday	Build your own Pizza	Puff pastry, passata, cheese, cooked chicken, cherry tomatoes, peppers (G) (D) (T)	Build your own Pizza (Vegan option)	GF puff pastry, passata, vegan cheese, courgette, cherry tomatoes, peppers (G) (T)		See individual settings menu for puddings
Friday	That's a Wrap!	Wholemeal wraps, plant butter, Philadelphia spread, tuna, vegan mayonnaise, cooked salmon (G) (D) (F)	That's a Wrap!	Wholemeal wraps, plant butter, plant-based Philadelphia spread, cucumber (G)		See individual settings menu for puddings

C = Contains Celery D = Contains Dairy (Milk) E = Contains Egg F = Contains Fish G = Contains Gluten PU Contains pulses/beans/legumes S = Contains Soya SD = Contains sulphur Dioxide T = Contains Tomato MU = Contains Mustard M = Meat

All of these dishes are free from peanuts, tree nuts, sesame seeds, lupin, crustaceans and molluscs.